

PROGRAM DESCRIPTION



Reflections-Court Alternative Program (CAP)

493-497 Belleville Avenue

New Bedford, MA

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Program Director: Kellie Ferreira, MA, LMHC, PGS

www.hptc.org

Reflections-Court Alternative Program is a DPH-licensed therapeutic jail diversion program for clients facing incarceration for criminal matters caused by substance abuse/addiction. Servicing men and women in separate facilities, the program includes a 90-day residential stabilization program followed by 9 months of community-based case management. Referrals are made by Probation Officers or District Attorneys. Open charges must be resolved before admission and all courts must be in agreement with the referral to Reflections.

In the residential stabilization component of CAP, staff experienced in substance abuse/ addiction and mental health care will provide a highly structured pro-recovery environment including daily group and individual treatment, post-discharge planning, and wellness activities. While not a locked program, the program is staff secure and clients go into the community only for medical appointments. Clients are not able to work as the program day is structured and intensive—usually from 9am to 9pm each day. Groups include, but are not limited to: addiction and recovery education, wellness planning, vocational skills and support, trauma, and gender-specific topics such as establishing healthy relationships and continuing care in recovery (post-discharge issues). In addition, staff ensures that clients' medical and psychiatric needs are met/coordinated for optimal care as needed. Referrals may be made to medical and/or mental health services. Medicated-assisted therapy is also available.

In the community-based case management component of CAP, clients are supported in their ongoing work of recovery in a community environment. Regardless of the client's placement, the case managers will assist in providing ongoing continued recovery support services including transportation to medical care, counseling, attendance at self-help groups, and communication with the court.



Men's Residence



Women's Residence

Within CAP there are two separate men's and women's residences across the city from each other. While we do some combined coed therapeutic groups, while most are designed as gender specific with each residence.