



High Point is partnering with the Dept. of Public Health (DPH) to provide a community-based substance use disorder treatment program for youth age 16-17 and transitional age adults age 18-25, recovering from substance use disorder or dependence using evidence-based treatment.

**High Point Outpatient
Treatment Program**

52 Oak Street

Middleborough, MA 02346

774-213-8535 (phone)

774-213-8534 (fax)

Contact: sbennett@hptc.org

The Adolescent Community Reinforcement Approach (A-CRA) is a 14-session manual guided treatment, which uses individualized, flexible behavioral approaches focusing on developing coping skills for youth and their primary caregivers/significant others.

The goal is to help adolescents/transitional age adults find new, healthy alternatives or enhance existing supports for staying substance-free. They learn how to use existing community resources to support positive change, as well as develop a positive support system within the family.

A-CRA's family education component assists the families to better understand the client's needs, and develop strategies to use in the home to promote positive change.

**A-CRA
Substance
Use Disorder
Treatment Services**

**For youth age 16-17
&
adults age 18-25**



**For referrals, call
774-213-8535**

www.hptc.org

Who Benefits?

Clients will

experience understanding and support

strengthen their motivation to stop/reduce marijuana, alcohol, and other drug usage

learn skills to manage their problems that do not involve using drugs or alcohol

strengthen their ability to stand up to peer pressure

strengthen their support network

engage in healthy, pro-social activities

strengthen their ability to identify high-risk situations

work towards improving communication and family relationships

Caregivers will

experience understanding and support

strengthen understanding of recovery

learn parenting strategies and skills to help their child

learn communication skills and strategies to support their child

What Services Are Provided?

Child & Adolescent Needs and Strengths (CANS) tool

Goal setting

Building pro-social skills

Relapse prevention skills

Case management

Communication skills

Problem-solving skills

Parent/caregiver and youth relationship skills

Phone check-ins

Job-seeking skills

Drug-testing

Medication evaluation and treatment, as requested



Who is Eligible for Services?

Youth, families, or caregivers who live in Southeastern Massachusetts.

Adolescents (16–17) and transitional age adults (18-25) with MassHealth or private insurance, who have a substance use or co-occurring disorder (substance use and mental health).

Youth who successfully completed residential/inpatient substance use disorder treatment.

Youth that have left residential/inpatient treatment prematurely.

Youth and families that will utilize outreach/community-based services.

Youth and their families who need additional support to maintain themselves in the community.

Who provides the services?

Services are provided by High Point Outpatient staff trained and supervised to provide A-CRA interventions.

What does it cost?

High Point will bill your insurance company for clinical treatment, or funding will be provided by DPH (the Department of Public Health).

How do I make a referral?

To make a referral, ask questions, or discuss services, contact High Point's Outpatient program: 774-213-8535, ext. 3454. Intake appointments will be scheduled following the referral to initiate services.